

THE MAIN CONFLICTS IN THE FAMILY

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Abstract

This article presents the emergence of major conflicts in the family.

Key words

Family, conflict, emergence of conflict, joint life, turning points

Creating a family is one of the most important steps of a person. One way or another, couples come to create a new cell of society. Such a 'new cell' is called a young family, as its length of service starts from 0 and does not reach 4 years.

Family is a small, closed social group in which the partners are closely interconnected, this makes the family unique. Throughout life, the family faces various internal and external problems, and a constructive approach to solving problems helps partners to stay with each other in harmony and understanding.

The problem of conflict for the family is always relevant. Conflict in the family is understood here as a conscious confrontation of at least two people interacting with each other, who put their interests, attitudes, needs and goals in doubt, which leads to a clash. But conflict can occur not only when family members consciously do not accept the views of the other. There are instances when confrontation arises due to misunderstanding of one by the other. This misunderstanding leads to a wrong conclusion, which creates resentment and conflict in the family.

We can distinguish three main periods when the family is prone to the emergence of conflicts:

1. The first year of life together.
2. The birth of the first child. Mastering new roles: mum and dad.
3. When there are changes/'turning points' in the family.

Each of these stages can create stressful situations that can be a potential cause of conflict in the family.

The first year of life together - a year when the couple is getting used to a new position, to a new understanding of themselves and their husband. Quite often

conflicts during this period arise because of an established pattern of behaviour in the family, which the couple transfers to their family, saying 'my dad' or 'my mum' did things differently. This can lead to misunderstandings and subsequently to conflict. Besides, these are two different people under one roof, who have their own habits and their own, as it seems to them, 'correct' understanding of the world.

The birth of the first child is somewhat similar to the first year of life together. Each family is a separate system in which different members of the family have primary and secondary roles. Each family has its own system-forming factor, its core. With the appearance of a child, the system-forming factor shifts to him and the family, which has adapted to one model of behaviour with each other, rearranges its day and gets used to the new family member, building a different model of behaviour. This can cause conflict situations due to the change of habitual behaviour, new responsibilities, different views on the upbringing of the child.

Conclusion: 'Turning point' situations. There are many variations of such situations, be it a change of job or children growing up and leaving the family.

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